

lifestyles

Spring, 2011

AT PIEDMONT CROSSING

Recently the volunteers at Piedmont Crossing were treated to a special luncheon in honor of the many hours they spent volunteering over the last year.

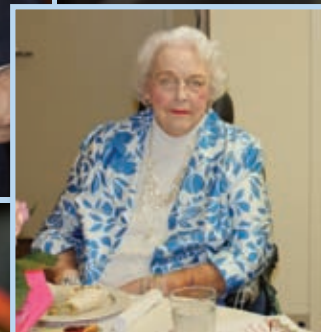
Many of the Piedmont Crossing residents are involved in volunteer opportunities on and off campus. Some such activities include working in the Gift Shop, hostess in the dining room and helping to transport residents.

This year alone the volunteers spent over 14,284 hours in volunteerism – they are the people that believe they can, in their own small ways, make the world a better place to live in. "Our volunteers are thoughtful and committed individuals who have made great contributions to our community and the greater community" exclaimed Donna Sprinkle, Executive Director at Piedmont Crossing. One resident, Sandy Hartwell, was named "Volunteer of the Year" for an astounding 259 hours of volunteering. It is a way of life with Sandy!

Volunteers are the people who do not count the cost, but are moved by a strong spirit and motivation to improve society. Volunteers are the backbone of every organization, and Piedmont Crossing is no exception. The volunteers at Piedmont Crossing give the retirement community a reason to celebrate all year round. Those of us on the receiving end are very appreciative of their time and talents!

Volunteers

*Make a
Difference*



*No one is more cherished in this world than someone who lightens the burden of another.
Thank you.*

~Author Unknown

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You Can Help

The Benevolent Fund is a shining example of neighbors helping neighbors. Most people diligently prepared for retirement and did everything to secure their future. Even those who did their best to prepare sometimes find their retirement income no longer meets today's cost of living. Unexpected healthcare expenses, the death of a spouse with perhaps a resulting loss of a pension, a downturn in investment income – all these can impact retirement savings.

Piedmont Crossing, through the United Church Homes and Services Foundation, is pleased to provide assistance to eligible residents to enable them to remain here even if, through no fault of their own, they find their funds depleted.

The generosity of our residents, their families and friends with gifts to the Benevolent Fund is truly appreciated. This fund is a wonderful security net and provides peace of mind to residents and their families. Your gifts to the Benevolent Fund allow us to continue to give much needed assistance.



Did You Know?

Piedmont Crossing is part of a larger organization, United Church Homes and Services.

Here is an overview of UCHS:

- We are the 79th largest not for profit Senior Housing Health System in the US.
- Our services currently encompass 13 programs at 11 sites in North Carolina and Virginia:
 - 3 Continuing Care Retirement Communities
 - 1 free standing skilled nursing facility
 - 1 childcare program
 - 6 HUD 202 Affordable Senior Housing Programs in NC
 - 1 Gift and Thrift Shop in NC
 - UCHS Foundation

➤ UCHS serves approximately 1,250 residents and employs about 650 people

➤ The operating budget is about \$49,000,000

United Church Homes and Services has been providing care to seniors since 1971. Piedmont Crossing will proudly celebrate our 25th anniversary this year.



Embracing a New Culture of Care

United Church Homes and Services (UCHS) has a rich history of caring for senior adults in North Carolina and Virginia. Piedmont Crossing is notable for the personal attention and high level of compassionate professional care it provides. As part of our unique approach to senior living and our ongoing commitment to ensuring the best quality of life possible, UCHS is taking a bold step at Piedmont Crossing by creating three new residential skilled nursing households with an updated living model focusing on resident empowerment, privacy and lifestyle choices provided in concert with skilled nursing care.

This model embraces the concept of resident centered residential nursing care. Each of the three new households will offer a 1,200 square foot central living space equipped with a fireplace, large screen TV and comfortable recliners, chairs and sofas. This hearth area will be surrounded by 18 private rooms with private baths. The goal is to restructure long-term care with small households emphasizing large open spaces enjoyed in many residential homes. Residents are free to carry out activi-

ties and meals on their schedule, instead of the schedule of the facility.

The heart of the house is the living and dining areas. Meals are served family style to residents and family members are welcome to join and enjoy the experience together. The residents' private rooms are located off the living area, giving them easy access to quiet personal space.

The floor plan, décor and furnishings will characterize a home instead of a traditional skilled nursing setting. Airy, open, light-filled rooms and access to outdoor walkways and gardens allow residents to make the most of natural light and the ability to enjoy outdoor settings. Employing up-to-date technology in charting and medication management will allow staff more time to interact with residents.

The compassionate team of caregivers works in collaboration with a medical director. The team meets regularly with residents and families to develop plans that enhance the residents' lifestyle and meet their personal goals.



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Join Us...

4th Annual Butterfly Release



The Butterfly Release is an inspiring event held in support of the UCHS Foundation. Residents, family members and friends have found it to be a meaningful way to honor a loved one. Last year, over 400 butterflies were released and \$9,000 was raised for UCHS Campus Enrichment Funds which benefit special projects at Abernethy Laurels, Piedmont Crossing and Lake Prince Woods. Last year's projects included common space renovations, a 24 hour deli for health care residents, bathing space renovation for health care residents, a newly renovated fitness center, landscaping a gazebo area for residential living and more.

Live butterflies will be given to all participants in a brief ceremony of celebration and the release will take place simultaneously at all participating UCHS communities at 3:00 pm. Refreshments and fellowship will follow.

- Abernethy Laurels: Pavilion Courtyard
- Piedmont Crossing: Front Portico
- Lake Prince Woods: Memorial Garden Courtyard

For more information, please contact Kelli King at
kking@uchas.org or 336-474-3650.